

# READING AND BOOK-SIGNING

led by **ASHTON APPLEWHITE**

author of *This Chair Rocks: A Manifesto Against Ageism*

**Thursday, July 7 at 7:00pm**

at:

**Book Culture Bookstore  
450 Columbus Ave.  
New York, NY 10024**



Lively, funny, and deeply researched, *This Chair Rocks* traces Applewhite's journey from apprehensive boomer to pro-aging radical, and in the process debunks myth after myth about late life.

Whether you're older or hoping to get there, this book will shake you by the shoulders, cheer you up, make you mad, and change the way you see the rest of your life.

**Come meet Ashton and find out what all the fuss is about!**